

CALL FOR ABSTRACTS

FOR THE POSTER DISPLAY

We will organise a poster display during the whole workshop. The posters will be displayed next to the lunch and coffee room. During the coffee break, the lunch and the drinks at the end of day, the presenting author is expected to stand near his/her poster to explain the content to interested participants.

Posters will be selected by the scientific committee of the BAPH, on the basis of submitted abstracts. **The submission deadline for the abstracts is 20 April 2015.** Abstracts must be submitted by mail to johan.bilsen@vub.ac.be

The corresponding author of the selected abstracts will be contacted and informed about the practical issues before 20 May 2015.

A copy of all accepted abstracts will be added to the workshop map.

SPONSOR



REGISTRATION

Register by transferring 30 € (members) or 50 € (non-members) to bank account number BE15 0682 1098 5030 (BIC: GKCCBEBB). The fee is 15 € for students.

Mention 'WS2015' + the name of the person(s) who will attend.

Demand for **RIZIV/INAMI accreditation** has been filed (Ethics & Economy, 5.5 CP).

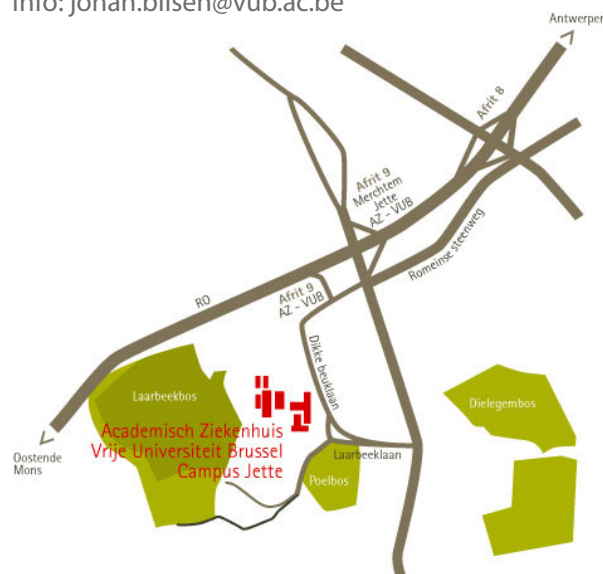
1 JUNE 2015

VRIJE UNIVERSITEIT BRUSSEL

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BAPH WORKSHOP

PUBLIC MENTAL HEALTH

& SUICIDE

1 JUNE 2015

VRIJE UNIVERSITEIT BRUSSEL

JETTE

PUBLIC MENTAL HEALTH

& SUICIDE

The World Health Organization (WHO) defines mental health as a 'state of general emotional, mental and social wellbeing', and considers this as a fundamental prerequisite for health in general ('No health without mental health'). In recent years, the important role that mental health plays in global health has been recognised.

Nowadays nearly five hundred million people worldwide suffer from mental disorders. In Europe, mental health is even considered to be one of the greatest public health challenges for the coming decades. WHO estimates that each year at least one third of the European population deals with mental health problems. The 'Global Burden of Disease Report 2012' of WHO states that about one fifth of the global disease burden can be attributed to these kinds of health problems.

This is not only detrimental to the individual, but it obviously has a very severe social impact, which is also formally recognised in several declarations and action plans within WHO and Europe, subscribed by many countries. However, we see that mental health, in general, still receives poor attention compared with so-called 'somatic' health, in terms of public interest, treatment options, prevention initiatives, released budget, and, last but not least, solid scientific research.

In Belgium, although there have been notable advances in the mental health domain during the last decades, several challenges still remain in gaining more knowledge and epidemiological evidence of determinants and mechanisms of mental health and mental disorders, occurrence of mental illnesses, in developing and implementing prevention programmes, in organising of adequate and easily accessible mental health care; and in tackling the still pervasive stigma and discrimination of these health problems.

This BAPH Workshop will contribute to an increased awareness of the diverse challenges of **public mental health** and to the discussion how these can be addressed. In the afternoon we will focus specifically on **suicide**. Worldwide, approximately a million people commit suicide every year. With about 2000 deaths by suicide per year or a mean of 6 deaths per day, Belgium ranks above the mean suicide figures worldwide and at the top of the suicide figures in Europe. Figures of suicide attempts are even estimated to be ten times higher.

1 JUNE 2015

VRIJE UNIVERSITEIT BRUSSEL

JETTE

PROGRAMME

MORNING SESSION:
MENTAL HEALTH, A PUBLIC HEALTH PRIORITY

08:30	Registration
09:00	Introduction
09:15	Mental health, an important public health topic. <i>Prof. Jutta Lindert</i> , President section Public Mental Health of the European Public Health Association (Department of Public Health, University of Emden, Germany, and Brandeis University, Waltham, USA)
10:15	Coffee break / poster display
10:45	Mental Health: Organisation and policy plans for Flanders, Wallonia, and Brussels Capital Region. For Flanders: Miss Marjolijn van den Berg, for Wallonia: Miss Sophie Vilain XIII, and for Brussels Capital Region: Luc Detavernier
11:45	Mental health reform in Belgium: research <i>Vincent Lorant</i> (Université Catholique de Louvain, Institute de Recherche Santé et Société); <i>Mark Leys</i> (Vrije Universiteit Brussel, OPIH)
12:30	Lunch / poster display

AFTERNOON SESSION: SUICIDE,
AN IMPORTANT MENTAL HEALTH PROBLEM

13:30	Suicide: figures and facts. <i>Kees Van Heeringen</i> (Unit for Suicide Research, University Department of Psychiatry, Gent University)
14:20	Suicide: prevention strategies in Belgium. <i>Gwendolyn Portzky</i> (Flemish Expertise Center for Suicide Prevention, Ghent University)
15:00	Intermezzo campaign Te Gek!?
15:30	Suicide: research on prevention. <i>Guillaume Vaiva</i> (Département Universitaire de Psychiatrie & Pole de l'Urgence, Lille University Hospital, Lille, France)
16:10	Concluding remarks. <i>Johan Bilsen</i> (Vrije Universiteit Brussel; Mental Health and Wellbeing Research Group)
16:30	Reception