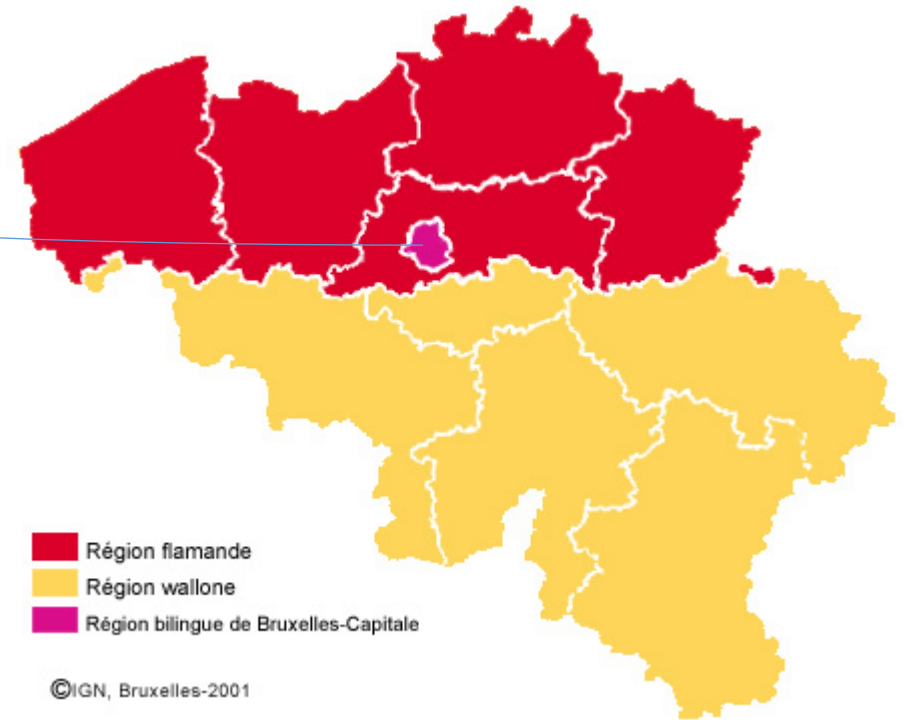


Mental Health in Brussels

Brussels = a multilingual region



Facts and Figures:

- 1.1 million people
- Important poverty and deprivation
- More than 20% of youth unemployment
- Strong socio-economic heterogeneity of the population
- Important multiculturality

Mental Health in Brussels

Facts and Figures in Mental Health:

- *The reality*
 - Psychiatric Hospital: 874 beds
 - Psychiatric services: 580 beds
 - Psychiatric Nursing Homes: 257 beds
 - Sheltered living Initiatives : 506 beds
 - Mental Health Ambulatory services :27
 - Centers for ambulatory revalidation: 4 structures between Hospital and Ambulatory care
 - Psychiatric Homeservices: 4
 - Mobile Intervention Unit: 2 (adults and kids)
 - Psy107 Project (adults): 2 projects
 - Sectoral fragmentation
 - Gap between supply and demand (autism, intermediate structure of life, ...)
 - No possibility of observation in the hospital setting for minors in Brussels



Mental Health in Brussels



Strengths of our city:

- Great diversity and density of residential and ambulatory supply
- Specialized and complementary practitioners
- 40 years of experience in networking
- NIXON Line:
 - Expertise (Law 26th June 1990 (Observation))
 - Hospitals are organized to allocate cases based on availability.
 - A single number.
 - Guaranteed quality of clinical work (Expertise for Public Prosecutor's).
- Mediation work, in the framework of the law on Patient Rights

PROJECTS

- **Cartography** (inventory of Brussels-programming tool), research (Homelessness and mental health), **Artists trail** (World Mental Health Day: 20 Brussels associations giving visibility to mental health). The aim is to destigmatize mental health.
- **Development of effective collaboration with GPs**